



Ballet Eligibility

(Some Exceptions may apply, please speak to your teacher if you have any questions.)

Please note: ballet is mandatory for competition students who wish to participate in dance solos.

We are a Royal Academy of Dance (RAD) certified studio. Therefore our qualified teachers teach the RAD syllabus using RAD terminology. RAD is 1 curriculum, our studio recognizes that there are other syllabi and we will honour any internationally recognized Ballet curriculum e.i. if a student is trained in Vaganova Method, we will honour that.

Pre-Primary Dance

This program is designed to teach pre-school age children class expectations. Such as being able to enter the classroom without parents, get used to the uniform required for ALL dance classes, to socialize them in class setting, to help them feel safe inside the class with our qualified teacher and Jr assistants, participating in class exercises, and exposing them to different styles of music. They will start to learn basic terminology and choreography. Basic coordination such as walking with straight feet, marching, jumps on 2 feet.

Requirements are:

- Must be Walking
- 2 -4 Years Old (or close too)

Primary Ballet

In primary Ballet, children will start to develop a knowledge of specific ballet terminology as used in the RAD syllabus. Using a Variety of Classical, Ballet, and modern Music children will learn different rhythms and patterns of steps. They will learn how to count music and work as a team to create choreography.

Requirements are:

- Must be 4-6 Years old
- OR completed 2 years of Pre-Primary Dance

Ballet 1

In Ballet 1 children are now able to participate in in-studio evaluations. These evaluations are to prepare them for RAD exams. Our qualified teacher will evaluate and invite students to participate in these in-studio evaluation (Please note: there is an extra fee and extra class time required to participate in in-studio evaluations). The childrens knowledge of terminology and steps will continue grow as they learn the Ballet 1 curriculum. Terminology like Port de bras, Demi-Pliés, Sautés, and Petits jetés, will become frequent in their vocabulary! Children will also start learning 'Character work' which is based off of eastern European styles of dance and costume (character skirts and character shoes will be provided by the studio should the kids be participating in in-studio Evaluations)

Requirements are:

- Must be 6-8 years old
- OR completed 1-2 years of Primary ballet

Ballet 2-3

In ballet 2-3 they are learning more challenging terminology and choreography, including using the Ballet Bar, Preparing for Grands Battements, Adage, and Échappés sautés. Children may now participate in RAD exams. Our qualified Teachers will evaluate and invite student to Participate in RAD exams (Please note: there is an extra fee and extra class time required to participate in RAD exams)

Requirements are:

- Must be at least 8 years old
- OR Completed the RAD Ballet 1 curriculum

Ballet 4-6+

In ballet 4-6+ children are now entering the performance levels of ballet. Dancers knowledge or terminology and steps are expand in Barre work, Centre work, Allegro, and Dances. More 'Character' Work is involved. Children may now participate in RAD exams. Our qualified Teachers will evaluate and invite student to Participate in RAD exams (Please note: there is an extra fee and extra class time required to participate in RAD exams)

Requirements are:

- Must be at least 10 years old
- OR completed the RAD ballet graded curriculum
- Are taking at least 2 Hours of dance (1 being ballet) PER week
- Are committed to constant practising at home

Pre-Pointe

We are pleased to be offering pre-pointe classes. These classes are designed to prepare students for the RAD vocational grades which requires them to be en Pointe. Being on pointe requires a lot of strength, precision, higher levels of technique and stamina. It is not for the faint of heart. Pre-point is open to both Female AND male. This is a strength and condition class, most of what the students are learning will be on Demi-pointe, and by teacher invite ONLY may the dancer move into pointe shoes. Please note: there are no exam for this class.

Requirements are:

- Must be at least 10 Years old (however pointe shoes won't be offered unless the teacher feels they have developed the strength and stamina to be on pointe)
- Must be in Ballet 4-6+ (or have had the equivalent training by another recognized curriculum)
- Must be taking at least 2 hours of dance (1 being ballet) PER week
- Are committed to consistent practicing and condition at home

Please note: a child may be asked to repeat a level if the teacher sees that they need to further their knowledge and technique of their current grade before moving on, this is not a punishment but rather a chance to set the student up for success in the future AND prevent any frustration or injury that may occur if put in the incorrect level.